

# accelerate

REV UP YOUR METABOLISM



## What is Accelerate?

Accelerate is a component of the Core4 Weight Management System. Accelerate's blend of metabolic and energy-supporting ingredients contain several extracts that have been used dating back to ancient China for increased energy and weight loss. The synergistic nature of the ingredients creates a blend that becomes even more effective when combined into a single product.

## What does Accelerate do?

Accelerate's primary objective is supporting weight loss, energy, and suppressing appetite throughout the day. Accelerate can help increase metabolism, maximizing workouts, physical activities, and even helping you burn calories as you sit! Accelerate's incredible blend may help:

- Aid in weight loss
- Increase Energy
- Boost Metabolism

Accelerate combines the newest science with some of the oldest nutrients to create a gentle, but effective weight loss and energy boosting blend that supercharges the body's metabolism just when it needs it.

## Key Ingredients

**VITAMIN B12** – Helps with blood cell production, and the metabolism of proteins and fats.

**CALCIUM** – Helps increase bone strength and regulates blood pressure.

**CHROMIUM** – Helps with Glucose metabolism and may increase muscle mass.

## Supplement Facts

Serving Size: 2 tablets  
Serving Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin B <sub>12</sub> (as cyanocobalamin)	30mcg	500%
Calcium (as carbonate)	200mg	20%
Chromium (as picolinate)	100mcg	83%
Proprietary Blend	850mg	†
Green Tea Leaf Extract, Guarana seed Extract, Oolong Tea Extract (leaves and shoots), Kola Nut Extract (seed), Cayenne Pepper (fruit).		

† Daily Value not established

**GREEN TEA EXTRACT** – Boosts metabolism and helps the body burn fat. The active ingredient is EGCG, which is responsible for appetite suppression and decreased absorption of fatty acids.

**OOLONG TEA** – Derived in ancient China, Oolong Tea is known to aid with weight loss, and is excellent when paired with green tea.

**GUARANA SEED EXTRACT** – Increased energy, alertness, and metabolism.

**KOLA NUT EXTRACT** – Helps increase energy and aids in weight loss. Also has mild diuretic properties.

**CAYENNE PEPPER** – Mild appetite suppressant with thermogenic properties that have been used in traditional medicine for increased blood flow, which helps with the transportation of fatty acids.